



YOGA AT GARRETT PARK TOWN HALL

# Yoga for Every Body

JOIN DR. MELISSA OLESON, DOCTOR OF  
PHYSICAL THERAPY & YOGA INSTRUCTOR

**TUESDAY EVENINGS JANUARY 7-  
APRIL 14, 2020 | 6:30 PM-7:30 PM  
10814 KENILWORTH AVENUE, GARRETT  
PARK, MD**

Come flow, learn how your body moves! Melt  
any stiffness, aches & pains, & stress away  
while building strength! All levels welcome.  
Bring your mat & let's have some fun!

**\$252 (\$18/class) for 14 classes or \$22 Drop in  
First Class Free**

Sign up/more info: [moleson@msunn.com](mailto:moleson@msunn.com) call/text 443-  
593-5542 [msunn.com](http://msunn.com) or **MSUNN Yoga + Wellness**  
Youtube

